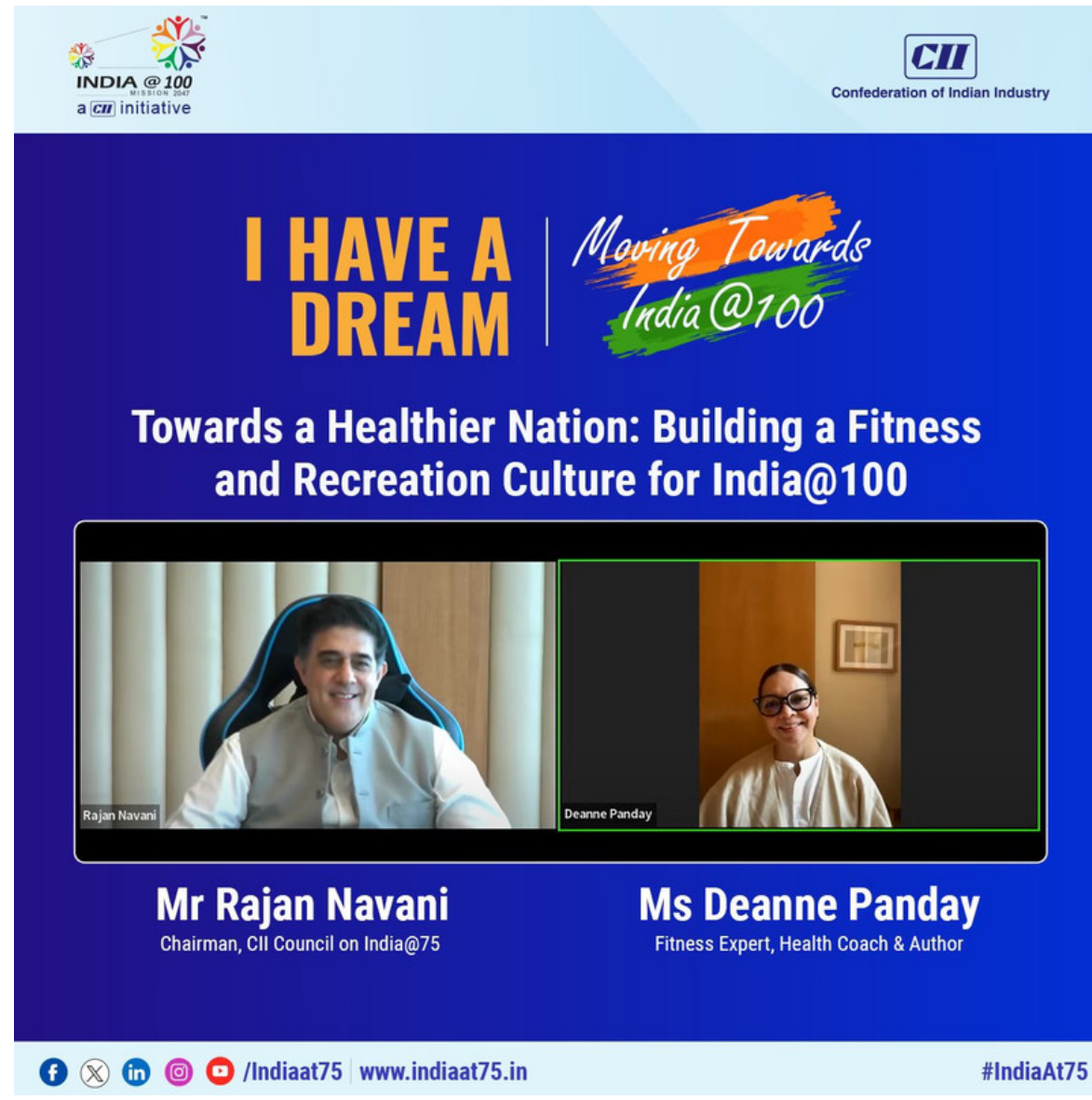


I HAVE A DREAM

India@75 Foundation hosts a Fireside Chat series called, "I Have A Dream". These conversations with different stakeholders dwell on the possible ways forward in areas that can influence the country's future. They provide context for building an aspirational blueprint for India@100. We bring you our most recent conversations with two remarkable women who lead their space.

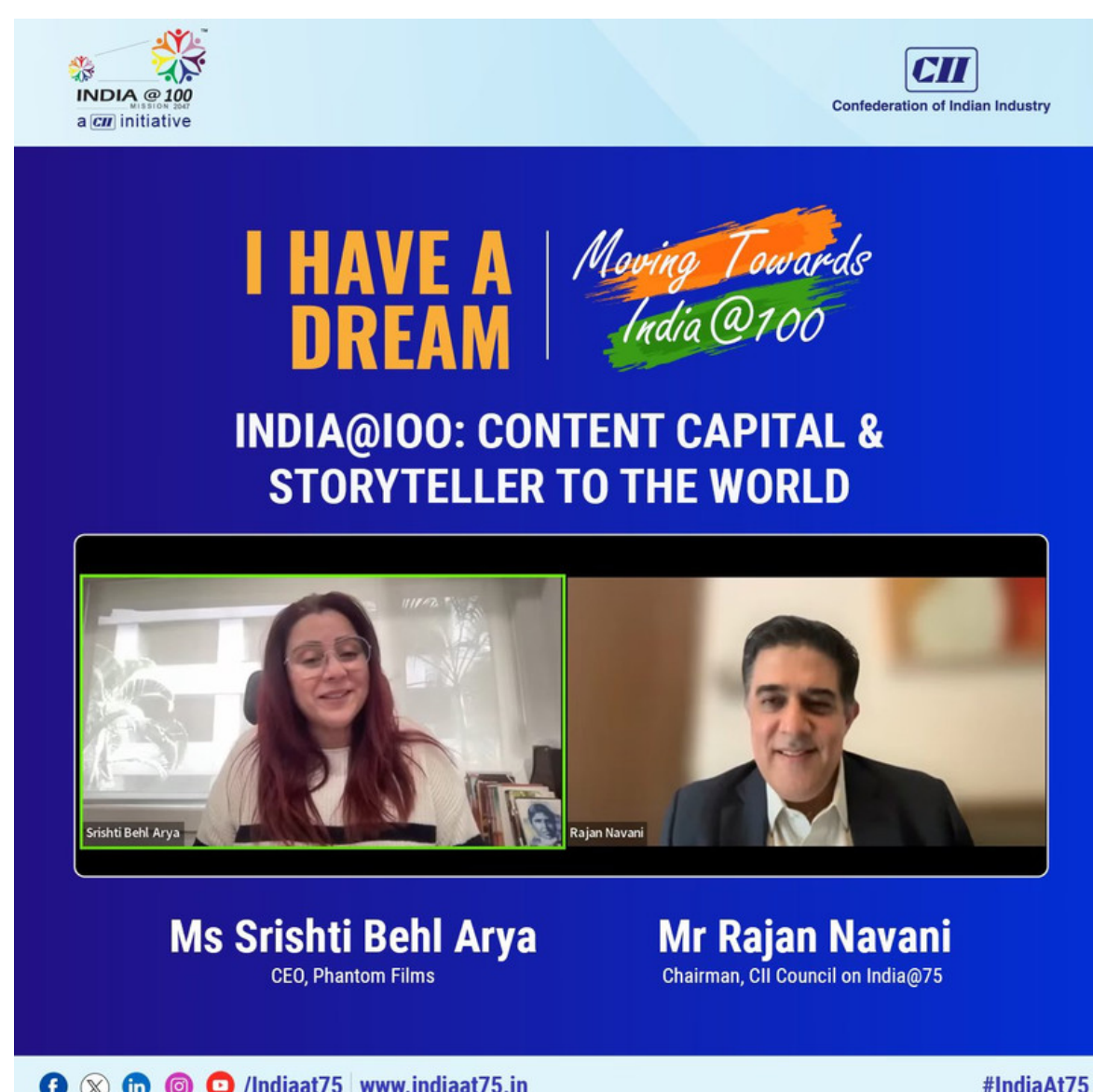
"All students, from a very young age, should be taught yoga and meditation because this is the core of them becoming more conscious and healthier."
— Deanne Panday



Our most recent guest, **Deanne Panday**, a fitness expert, health coach and author joined us for the session on Towards a Healthier Nation: Building a Fitness and Recreation Culture for India@100. The session brought to the fore the importance of health and wellness in India's growth narrative and ways in which the country can move towards being a healthier nation.

Watch the session [here](#).

"Given the amount of talent India has, I dream of taking Indian stories across the world and share our knowledge, ambition and dreams with the world."
— Srishti Behl Arya



Srishti Behl Arya, CEO, Phantom Films and also the lady who was in charge of Netflix original content for India, was also a fireside chat guest. Speaking on the potential of India to be the content capital of the world, she pointed out the enormous talent pool available in India and its potential to influence the way the world viewed Indian storytelling.

Watch the session [here](#).

VOLUNTEERING

India celebrates the National Volunteering Week 2024



India@75 Foundation has been at the forefront of promoting volunteerism in India, recognizing its pivotal role in driving societal change and development. Its flagship intervention the National Volunteering Week (NVW) is a step in this direction.

Since its inception in 2014, NVW has been actively showcasing the transformative potential of collaborative efforts. This annual event serves as an opportunity for different stakeholders to work together for the betterment of society.

The 11th edition of NVW, themed 'Shaping India@100 through Volunteer Engagement' witnessed enthusiastic participation. Volunteers contributed their skills, and time to the causes they believed in. Volunteering opportunities covered issues such as skill development, education, healthcare, environmental conservation, and poverty alleviation etc.

Organisations such as Tata Consultancy Services, Jakson, Startek, Firstsource, Shikhar Dhawan Foundation, Robin Hood Army, Dhenum Ashray Trust, Voice, Earth Focus Foundation and Forest by Heartfulness were especially active participants.



January is the month that sees India@75 Foundation's marquee volunteering intervention, the National Volunteering Week (NVW). Amongst other activities, the 2024 chapter of NVW also featured a digital session called **Dialogue on Volunteering: Leveraging People Power for Change**". The panelists were: Preeti Khattri, MD, Strategy & Consulting – Talent & Organization, Accenture in India, Chetan Kapoor, CEO, Tech Mahindra Foundation, Dr Vinita S. Sahay, Director, IIM Bodh Gaya and Abhimanyu Sahu, COO, Schneider Electric; Jayanti Shukla, CEO, United Way India moderated the discussion.

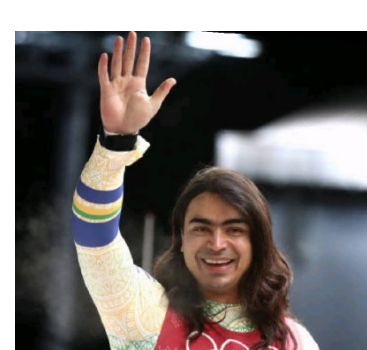
The conversation pivoted on the transformative force of people power and how a collective of volunteers can drive positive change. The discussions threw up interesting insights and perspectives: campuses are fertile ground for nurturing volunteers; there is need to institutionalise philanthropy and that we all need to collectively work towards creating an enabling volunteering ecosystem.

You can watch the session [here](#).

India@75 Foundation runs the National Volunteering Grid – a digital platform which connects volunteers to interesting opportunities. If you want to be a part of the ever growing army of volunteers and contribute to positive change, please click [here](#) to register your interest.

CHANGESPEAKE

India@75 brings you #CHANGESPEAKE, a series of conversations with people who are creating the language of change. These individuals are shaping India@100 by the dint of their perseverance and vision. We hope these conversations leave you encouraged about the India in the making and inspire you to act on your beliefs.



Shiva Keshavan, 6-time Olympian, 4-time Asian Champion & Head Scholarships, Olympics Sports Strategy, Reliance Foundation

"Private sector involvement is crucial in bridging the gap between grassroots potential and elite performance."

India@75 Foundation had an interesting discussion with Olympian **Shiva Keshavan**, on sports, youth and what it takes to be a sporting country. Shiva was the first Indian representative to compete in luge at the Winter Olympic Games and also the youngest person in the world to qualify for the event.

In 2014 he became the founder-president of the Olympians Association of India and is committed to support the Olympic movement in India. He works to promote Winter Games in India, and create an enabling ecosystem for athletes in the country. Do read this interview to find out how he plans to do so.

[Read the interview](#)

UPCOMING EVENTS

India@75 Foundation will organise a Media Panel Discussion on 'Vision for Amrit Kaal' on 6 February 2024, Mumbai.